

ABSTRACT OF THE DISCLOSURE

A recession is provided on the outer side of a data area of a disc, and this recession is provided so as to extend over a front side or a reverse side 5 of the disc and a disc outer periphery end surface. By arranging one or more recessions on the front side or the reverse side, the front and reverse sides (side A/side B) of the disc or a type of the disc can be recognized.

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